



ATLANTIC VIEW COMMUNITY DEVELOPMENT COMPANY LIMITED

Main Street, Ballyshannon, Co. Donegal, Ireland. TEL: 071 98 22833 / FAX: 071 98 22806 / Email:atlanticview01@eircom.net

**Free Summer 2008 Newsletter Issue 24 Free**



Members of the Cross Border Women's Collective from South Donegal; Mary B Kerrigan, Catherine Maguire, Roisin Lee, Kathleen Gillespie, Kathleen Rafferty, Bernie Cosgrove, Eileen Lorinyenko, Betty Mc Gloin, Ann Mc Gowan (Project Coordinator) Mary King, Una Mc Garrigle, Kitty Maguire.

### **The Cross Border Women's Collective**

The Cross Border Women's Collective, funded by Co-operation Ireland Cross Border Peace Charity under its exchange programme, travelled to Belfast for workshops with the Ballybeen Women's Centre, Dundonald and the Ardmonagh Family Centre, Turf Lodge. During the trip they worked together to look at what had been achieved over the last five years, what they felt they could yet achieve and how to go about it. The group spoke to the Project coordinator on the 'Good Morning Belfast' project, they attended a workshop with Nurse Katrina Albarico from the Philippines who works in the Ulster Hospital who gave a run down on the pros and cons on of working in Ireland and a short history of her life in the Philippines. They also visited Belfast Castle after a tour of Belfast with a history lesson on the different areas. Their next workshop will take place in September when the women from Belfast travel to Ballyshannon. The purpose of the Collective is to build peace between different cultures on both sides of the Border and is now diversifying to bring in Foreign Nationals who work and live in Ireland.

Co-operation Ireland seek to promote peace through bringing people together and encouraging practical co-operation between schools, communities and young people

### **Save Our Cancer Services in Sligo General**

Despite the recent ups and downs, the Campaign for Sligo's Cancer Services goes from strength to strength. Although nobody was surprised by the result of the Dáil Motion on the 21<sup>st</sup> of April, the disappointment felt by people in the North West has only served to strengthen their resolve to retain and expand our cancer services.

Over the last number of years, Sligo General Hospital has built up an excellent facility for the treatment of cancer. The dedicated staff there have worked extremely hard to provide the whole of the Northwest with the highest level of care in friendly and familiar surroundings. Because of the proven results and its central position geographically we are not prepared to surrender these vital services to bureaucracy.

The HSE and Minister for Health have proven themselves irresponsible, to say the least, by choosing to ignore confirmed and registered statistics that prove how vital the service is to all the people of the North West. For our part, however, we are determined to carry on with our Campaign until the HSE addresses our concerns and reviews its own statistics as well as those from Sligo General. Although we know they will not readily admit to their errors, we believe that the continuing support of all the people of the North West will force them to do so and then they can start to remedy their flawed strategy. *Killian Mc Loughlin*

#### **Congratulations**

Congratulations to Siobhan Mc Gloin, our Admin/Finance Worker on graduating on her 1st step towards her degree in Community Development through Letterkenny IT. Well Done from all at Atlantic View CDP

#### **Brass & Reed Band**

Owing to the rewiring of the band room, students taking exams and the holidays season, practice will not recommence until September. The prospects of a trip to France by the band may be on the cards in the Autumn.

#### **Launch**

The launch of the book "Women's Lives, Women's Voices" took place in Stranorlar last week to commemorate ten years of the Donegal Women's Network. The book is made up of short stories by Donegal women about Donegal women for Donegal women. There is also some poetry written by Donegal women. These articles and poems were originally published in the Donegal Democrat's Women's Lives, Women's Voices page.

If you would like a copy of the book you can get it in either Pearse O'Neills, Novel Idea or Atlantic View CDP, cost €7.50. Proceeds go towards work done by the Donegal Women's Network with Women's Groups. Have a little look and you may see someone you know in it.

#### **Funding Applications**

There are a number of Grant Funding Application available at the moment and those involved with Community Groups should call in to us and check if any of the funding is aimed at you. If you have a problem filling in the forms we will help you. Just give Ann or Siobhan a shout.

#### **The Active Retirement Group**

Members of the Ballyshannon Active Retirement group had a very enjoyable day in Enniskillen with a visit to the Museum and lunch. The next trip is to Lissadell House touring the gardens and house. If anyone would like to become a member of this group leave their name into Atlantic View CDP and we will let you know when the next meeting is.

### **The Erne Draft Net Fishermen Fun Day**

This year the Erne Draft Net Fishermen are organising the RNLI Fun Day fund raiser at 'the foot of the road' end of the Lower Abbey Road on Sunday July 20th . Proceedings will begin at approximately 2.00pm, low tide. A great time was had by all last year and it seems that there will be even more excitement this year. Some of the Currachs will be ready for racing which is certainly something to look forward to seeing.

### **Carer's Residential & Information Day**

A respite residential was held on Thurs 5th June in Jackson's Hotel, Ballybofey with a short workshop on caring for patients, dinner, dancing and a night of craic. The break was very well deserved by all the Carers who attended.

An information afternoon was held in Kee's Hotel on June 9th for Carers in the Donegal area. This event was organised by Dianne Donnelly, Carer's Development Officer with the HSE. For further information on Carers groups contact Dianne on 087 277 0103 or call us on 071 98 22833

### **Lower Erne Dale Residents Association**

The grass cutting has begun again in Lower Erne Dale and once more PJ Mc Grath has agreed to do the job voluntarily. A collection was carried out of €20 per house towards the maintenance of the estate and money collected will go towards the servicing and running of the lawn mower and towards replacing it when it wears out.

Anyone who has not paid can leave their money into either PJ Mc Grath, Ann Mc Gowan or Paula Murray. If you would like to help out with the upkeep of the estate you are very welcome to contact any of these three mentioned. A raffle for a hamper will be held between all those who have paid.

### **Ballyshannon Community & Social Club**

Mae Gallinagh returned to her native Ballyshannon five years ago after spending her life in the nursing profession in England. Even though she was in her eighties she was more energetic than some one half her age. Mae decided a club that met during the day for the retired and semi retired was needed in the Ballyshannon area and duly founded the Community & Social Club which meet every second Thursday from 2—4 pm in Kilbarron House. At the moment there are twenty members and growing.

Mae proceeded to organise events and projects for all it's members. They visited gardens, Devinish Island, Lissadel House, went to Letterkenny Museum, Fermanagh College, went on trips on the Donegal Water Bus, they danced, had story telling and created art. They also had guest speakers on entitlements, the History of the town (Ballyshannon), visited Lusty Beg for lunch, the Folk Park, Omagh and had craft demonstrations. She accessed funding for all of these with the help of Atlantic View CDP and others. At their meetings the members play Bridge, enjoy a chat and have a cup of tea. She organised everything including transport, looking after finances and keeping everyone up to date with what was happening .

Mai has been the leader of the group for three years but sadly because of ill-health she cannot continue. She has a wonderful personality and in her company you always feel better. She never complains and gives great encouragement to others. She is a great advertisement that age is no barrier to fulfilling dreams. We wish her well and thank her for all her hard work. A new committee has been appointed under her guidance and the Club will hopefully continue well into the future.

***Dear Lord, So far today I'm doing all right, I have not gossiped, Lost my temper, Been Greedy, Nasty, Selfish or Self-indulgent. I have not whined, complained, cursed or eaten any chocolate. I have charged nothing on my credit card. But I will be getting out of bed in a minute and I think I will really need your help then.***

### Saimer Childcare

Saimer Childcare crèche is now open, there are a few places available for further information ring 071 98 52942.

#### Summer activities:

For 4—12 years;  
Starts Monday 30th June and will run throughout the Summer from 9.30—1.00pm. Activities include art & craft, nature walks, picnics and outdoor play area. Cost €50.



*The Playground at the back of the new Saimer Childcare*



*Saimer Childcare, The Rock Ballyshannon*

There will be an Open Day for anyone who would like to visit the new Childcare Centre on Sunday June 29th from 11 am—6pm. The Buy a Brick Campaign is still ongoing for another week or two so if you have a few spare euro that you would like to give to a worthy cause then there is a very good one just opened on The Rock in Ballyshannon and you could make some local children very happy

#### Magi Says

The idea of purifying and blessing a space (Home, Office, Workplace etc) is as old as time. It can bring new energy into what you are doing and into how you are feeling. For instance, you may have been trying to sell your house or business with no success. This could mean there is old energy hanging around and people picking up on this when they come to look over the property.

It could also mean that you really haven't come to terms with letting go of the property. So whether you are looking to sell your home or other property or want to enhance where you already are, give me a ring and I will be happy to advise you at 087 6653744

#### Something Useful

Your mobile phone can actually be a life saver or an emergency tool for survival. Check out the things that you can do with it. The Emergency Number worldwide for Mobiles is 112. If you find yourself out of the coverage area of your mobile network and there is an emergency, dial 112 and the Mobile will search any existing network to establish the emergency number for you. Interestingly this number 112 can be dialed even if the keypad is locked.

#### Hidden Battery Power

Imagine your mobile battery is very low, to activate press the keys \*3370# even if the keypad is locked. Your mobile will restart with this reserve and the instrument will show a 50% increase in battery. This reserve will get recharged next time when you charge your mobile.

### Comhaltas Ceoltóirí Éireann, Craobh Phil Rooney, Béal Atha Seanaigh

The June monthly traditional session will be held in Josie's Bar, East Port, Ballyshannon on Saturday 21st June. Everyone welcome.

Directors, Michael Devanney, Catherine Maguire, Michael Tunney, Michael Gallagher, Margaret Doyle, Roisin Lee, Mary Monaghan, Gerry Doherty, Sean Ferguson, Ann Mc Gowan.

COMPANY REG. NO. 347229 CHARITABLE STATUS REF NO: CHY14833

FUNDED BY THE IRISH GOVERNMENT UNDER THE NATIONAL DEVELOPMENT PLAN 2000-2006 & SUPPORTED BY THE NATIONAL LOTTERY.

